

The average cost for a youth in jail is \$115-\$125 per DAY - VERSES - The cost of the ARISE Life-Skills Program for a youth is only \$125 per YEAR



The average cost of staff turnover in a juvenile facility is estimated at 1.5 to 5 times staff salary. The ARISE staff training program is proven to reduce job turnover.

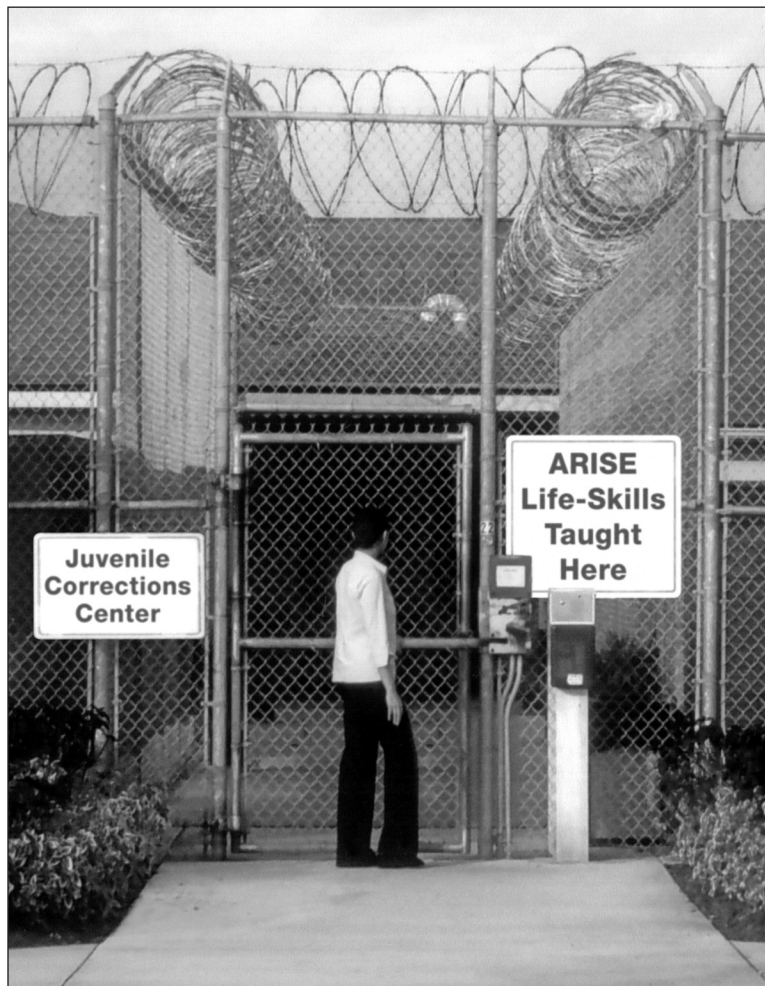
SOCIETIES RETURN ON INVESTMENT

The Benefits of the ARISE Life-Management Skills Program for High-Risk Youth

“A targeted program that reduces recidivism of property crimes costing approximately \$200 per participant returns benefits of \$8.18 per every one dollar invested” - In a report for the State of Minnesota Youth Intervention Programs by Wilder Research March, 2007. *Currently the ARISE targeted high-risk life skills program returns \$13.09 per every one dollar invested.*

“The monetary value of saving one high-risk youth from a life of crime is \$1.7-\$2.3 million,” Owen Graduate School of Management, Vanderbilt University, “Programs targeted at high-risk youth are designed to prevent high-school drop out, crime, drug abuse, and other forms of delinquency.” - The Monetary Value of Saving a High-Risk Youth written by Mark A. Cohen published in the Journal of Quantitative Criminology, Vol 14, No. 1, 1998.

“Youth who attend classes that teach self-discipline and motivation, often are less likely to engage in crime, more likely to finish high school and earn higher wages. This suggests that policy makers should push schools to teach life skills, especially to disadvantaged kids who receive poor discipline or little encouragement at home.” - James Heckman, Economics Professor at the University of Chicago and Nobel Prize recipient as written in Psychology Today, March / April 2004.



**2006-2007 Annual Cost
for the ARISE Statewide
Targeted High-Risk Life Skills
Program is \$125 Per Youth**

Psychological Basis for ARISE Curricula

Social Learning Theory and Self-Efficiency Training (Albert Bandura) - This model stresses learning through imitation and developing self-efficiency. Self-efficiency is belief in one's own ability to succeed. The ARISE program helps youngsters develop appropriate social behaviors and belief in their ability to succeed in school, at home, and in the community. The youth develop an “I Can” rather than “I Can't” perspective.

Cognitive Behavior Model (Donald Meichenbaum) - ARISE uses a process to teach youngsters how to regulate and monitor their behavior by telling themselves what to do, asking themselves questions, and evaluating themselves. They learn how to verbalize and think through problems they encounter with other individuals in ARISE Group Sessions, at home, and in the community.

Information Processing Model (Robert Sternberg) - The ARISE Program also teaches disadvantaged youth how to be better problem solvers by understanding the situation before acting. They learn how to make good choices and stick by them. Additionally, they learn how to avoid bad situations and think about consequences.