



ARISE Choices for Change Demonstration Project



Authorization for Participation

Please read this form carefully. If you have any questions, please ask, as we are here to help you.

By signing below I, _____, do hereby give my permission to participate in the ARISE Choices for Change Demonstration Project sponsored by the ARISE Foundation, and the Government of the District of Columbia Justice Grants Administration and evaluated by the Justice Research Center (JRC). Further, my signature below indicates that I have read, understood, and agreed to any terms and conditions set forth in this document. I also attest that the information has been explained in a manner that is satisfactory to me and that I have had any questions answered to my satisfaction, as related to the following:

ARISE Choices for Change is a direct-care staff curriculum developed specifically for people working in the criminal/juvenile justice system. It's designed to assist staff with the difficulties of working in a high pressure job. Staff at the group home will receive ARISE Choices for Change training. This training will cover such topics as choices, anger, happiness, values, letting go, control vs. influence, staying positive, staying cool, thoughts and behaviors and motivation to change.

Life Skills is a youth oriented educational curriculum training that may be offered to staff in the group home if the administration chooses to facilitate these groups with youth. This group will cover such topics as Anger Management, Self-Esteem, and Violence and Conflict.

Intended Benefits. ARISE Choices for Change is intended to provide staff with valuable skills and perspectives to improve their lives and job satisfaction. ARISE Life Skills training is intended to provide the staff person with a manualized curriculum and the skills to be able to facilitate groups with youth in the program

Potential Risks. ARISE groups has been delivered in a large variety of programs across the country. These programs have not reported any unintended harmful episode to staff, children or youth who participated or who are now participating in ARISE groups. There is no research that indicates you or the children in your care will be harmed by participating in this program.

What this Consent Covers. By signing this form, you are agreeing to participate in only the services listed below, except in cases of significant risk of harm to self or others or in potentially life-threatening emergency situations:

1. Assessment of Needs. Information will be gathered from group home staff to assess baseline information for comparison. Further, follow-up interviews may be conducted.
2. Group Services for Life Skills. The ARISE Foundation will provide appropriately trained and knowledgeable staff to facilitate the Choices for Change and the ARISE Life Skills trainings, as it is designed and intended.
3. Program Evaluation. You might be asked to complete informational surveys, and follow-up questions, so that the JRC is able to document the impact of the training program on the participants, and the differences between treatment and comparison groups.
4. Materials for Research. You understand that materials or information from the groups might be utilized by the ARISE Foundation and/or the Justice Research Center for purposes of research, education or program development. These materials might include the videotaping of sessions. You further understand that any information obtained is confidential and it will never be released with your name, picture or other identifying information attached.

Relevant Information. Other information that you might find helpful before completing this form.

- ◆ The ARISE Choices for Change and Life Skills groups are funded in part by the ARISE Foundation and the Government of the District of Columbia Justice Grants Administration, and is provided at no cost to you or the group home or to the parents or guardians of the youth in your care.
- ◆ The ARISE Foundation and the group home are committed to providing services of the highest quality, and yet can make no guarantees about the success or outcome of any individual participant.
- ◆ Services provided are confidential and the information that is provided to us by you will not be shared or disseminated in any manner without prior written approval by you. (This confidentiality clause does not apply to life-threatening emergency situations, reported abuse or neglect, or in situations in which there is risk of harm to self or others).
- ◆ You have the right to contact the ARISE Foundation and the Justice Research Center at any time to discuss your involvement in the program.
- ◆ You have the right to a copy of this form to retain for your reference.

Personal Statement:

I agree to participate in the ARISE Choices for Change Demonstration Project, according to the terms set forth above.

I understand that the ARISE Foundation, Justice Research Center and the group home cannot guarantee any benefit to me, and so I understand that I cannot hold the ARISE Foundation, Justice Research Center or the program liable for right to treatment issues and/or failure to improve my life situation or job satisfaction.

I understand that I have the right to discuss the program and its impact on me at any time. If members of the project staff are not immediately available, I will receive a return call within a reasonable time frame.

I understand that I have the right to change my mind at any time regarding my participation in this initiative, even after I have signed this form.

The ARISE Foundation and the JRC want you to know that you are free not to participate in this study. If you choose to participate, you are free to withdraw your consent and discontinue participation in this research study at any time without this decision affecting your care and treatment by the group home.

If you wish to stop your participation in this research study for any reason or you have any questions, you should contact Dr. Kristin Winokur at the Justice Research Center at (850) 521-9900 or toll free (866) 582-2651 or at kwinokur@thejrc.com

Confidentiality

The Justice Research Center will protect the confidentiality of our records to the extent provided by the Law. You understand that the Study Sponsors ARISE Foundation and the District of Columbia Justice Grants Administration have the legal right to view your records.

TEAR OFF AND RETURN THIS PAGE
KEEP THE OTHER PAGES FOR YOUR REFERENCE

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I have been informed of the above-described procedure with its possible benefits and risks and have received a copy of this description. I hereby agree to participate in the study.

Signature of Participant

Date

Please print Participant name: _____

Organization/Agency: _____

Address: _____

Work Phone: _____