

# Tips for Teaching ARISE Interactive Life-Skills Groups

## Throughout ARISE Groups:

- Be energetic. Stand up.
- Praise all learners.
- Be creative. Vary activities.
- Be kind.
- Listen patiently.

## Before ARISE Groups:

- Plan your lessons.
- Use the ARISE Teaching Formula & Lesson Planning Form.
- Reference your ARISE Life Skills Resource Manual.

**ARISE**

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## **During ARISE Groups:**

- Focus on discussion.
- Give out books *after* discussion.
- Put learners in small groups (2, 3 or 4) for activities.
- Complete worksheets out loud to increase group interaction.
- Ask learners to share worksheets or creations.
- Be aware of your body language.

## **Wrapping-up ARISE Groups:**

- Write the *Worth Remembering* thoughts on the board.
- Discuss their ending thoughts.
- Ask what they got out of the session each day.

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