

The Worries and Problems People Bring to Work:

Enlightened employers know nobody leaves their problems at the door when they come to work. Unfortunately, most senior executives don't hear about their employees' problems. Imagine how much of your employees' minds are devoted to their work this morning if they are preoccupied with any of the following worries and stressors:

1. My credit card payments are way overdue.
2. He'll leave me if I'm pregnant.
3. This foreclosure will kill my mom.
4. My kids have no consideration for me.
5. These gas prices are choking me.
6. He's too sick. I should be home with him.
7. The commute, this traffic, it's a killer.
8. I'm filing for divorce - that's it!
9. My boss keeps groping me. What's next?
10. My drug habit is taking over my life.
11. Her depression is scary - she's suicidal.
12. Aren't there any straight people left?
13. The gossip mongers are at it again.
14. Her staph infection won't heal.
15. Will they find out I stole the money?
16. I need help; I don't know which way to turn.
17. They're trying to repossess my car.
18. The doctor said it may be malignant.
19. The IRS is haunting me.
20. The funeral is tomorrow.
21. The custody battle is wearing me down.
22. Another trip to the emergency room.
23. Cutting our health benefits again.
24. I'm absolutely sick from worry and stress.
25. I work two jobs and can't make ends meet.
26. Will I ever be able to stop renting?
27. Those student loans are crushing me.
28. I'm drowning in debt.
29. STDs /AIDS - dating is the pits.
30. This work environment sucks.
31. He wants me to have an abortion.
32. Will I ever afford a 401K?
33. I'll just go out on workers' comp.
34. I lied on my application. Will they check?
35. I can't even afford to start a family.
36. Sick grandparents need me daily.
37. We can't get along - divorce is next.
38. I'm sick and can't afford a day off.
39. Another fight, why can't we talk it out?
40. I can't cope; it's just way too much.
41. I'm being stalked by bill collectors.
42. This diet isn't working.
43. How can I afford to get a degree?
44. Being a single parent is tough.
45. Boss or no boss, he could ask politely.
46. No child support or alimony payments.
47. Savings account? Are you serious?
48. It's hopeless - I'll never get ahead.
49. Makeup will cover where he hit me.
50. I even avoid toll roads to save \$\$.
51. Everything is so expensive - it's scary.
52. I feel rotten every day going to work.
53. I'm losing faith in everything.
54. Bad relationships are messing me up.
55. Daycare/sitters are bleeding me.
56. Will my son come home alive from Iraq?
57. School uniform payments are past due.
58. He'll kill me for cheating. I know it!
59. I'll be fired if I can't stop procrastinating.
60. Last night's drinking wiped me out.
61. It looks like another bum day.
62. The cost of health insurance is insane.
63. Pressure here is driving me crazy.
64. They never ask him to stay late.
65. Her kids are driving me nuts.
66. That guy stole my parking spot.
67. It's like nothing makes sense anymore.
68. If I don't get the raise, I'm gone.
69. I'll just call in sick. Everyone does it.
70. She never picks on her, only me.
71. They said I need tires and brakes!
72. We can't live on Mickey D's and Taco Bell.
73. They will fire me if I'm late once more.
74. His teacher wants to see me again today.
75. I'm tired of saying we can't afford it.
76. If they don't win tonight, I'm giving up.
77. Dinner and a movie... with what?
78. I told her, "New clothes? Try a thrift shop."
79. I'm even dreaming of being broke.
80. I owe more than the house is worth.
81. If he criticizes me again, I'll walk out.
82. I'm a paycheck away from living in my car.

Often employees today are quitting emotionally but forget to tell their bosses.