

**ARISE Life - Management Skills 2 Day Training Evaluation**  
**SEACOAST BANK, PALM BEACH GARDENS FL (10/4 - 5/10)**

	PARTICIPANTS: 10	No	Yes	Exceeded
Were training expectations met?			10%	90%
<b>OVERALL ABILITY</b>	SD	D	A	SA
I feel prepared to teach the ARISE Life-Management Skills Program because of attending this training			20%	80%
<b>TRAINING SESSION</b>	SD	D	A	SA
The training materials are helpful			10%	90%
The training was clear & easy to follow			20%	80%
The training was interactive & interesting				100%
<b>ARISE SENIOR TRAINER</b>	SD	D	A	
The trainer demonstrated the skills I need to teach the ARISE Life - Management Skills Program				100%
The trainer encouraged discussion by using relevant examples & conducting interactive exercises				100%
The trainer provided positive feedback consistently				100%
The trainer was available during breaks & at the end of each day to answer questions.				100%

**ARISE** Foundation  
 824 US Highway 1, Suite 240  
 North Palm Beach, FL 33408  
 Toll-free: 1-888-680-6100  
 at-riskyouth.org

SD - Strongly Disagree  
 D - Disagree  
 A - Agree  
 SA - Strongly Agree



**ARISE Life - Management Skills 2 Day Pre/Post - Survey**  
**SEACOAST BANK, PALM BEACH GARDENS FL (10/4 - 5/10)**

**PARTICIPANTS PRE SURVEY: 11 POST: 10**

**PRE SURVEY**

**POST SURVEY**

Area of Competency	1	2	3	4	5	1	2	3	4	5
1. Plan a group life-skills training session	9%	18%	64%	9%					30%	70%
2. Prepare a lesson plan		9%	64%	18%	9%				20%	80%
3. Present a topic to a group of 10 or more.		27%	27%	9%	36%				50%	50%
4. Establish guidelines & expectations with group members.		9%	45%	27%	18%				40%	60%
5. Maintain a positive learning environment.			27%	45%	27%				20%	80%
6. Ask questions to effectively guide a group discussion.		18%	45%	36%				10%	30%	60%
7. Use active listening skills in a group discussion.			27%	55%	18%				30%	70%
8. Use body language to establish & maintain rapport with a group.	9%	9%	36%	18%	27%				50%	50%
9. Create an activity to reinforce learning.		27%	45%	27%					30%	70%
10. Give clear instructions for a learning activity.		18%	36%	36%	9%				20%	80%
11. Conclude a lesson to reinforce learning.		18%	45%	36%				20%		80%
12. Manage difficult or uncooperative behaviors in the group.		18%	45%	18%	18%				40%	60%

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