

## ARISE Life - Management Skills 2 Day - Evaluation - Survey

HOPEFINDERS, INC. WASHINGTON, DC

9/30/10-10/1/10

| <b>NUMBER OF PARTICIPANTS: 6</b>   | No | Yes | Exceeded |      |
|--|----|-----|----------|------|
| Were training expectations met?  |    | 17% | 83%      |      |
| OVERALL ABILITY  | SD | D   | A        | SA   |
| I feel prepared to teach the ARISE Life-Management Skills Program because of attending this training |    |     |          | 100% |
| TRAINING SESSION   | SD | D   | A        | SA   |
| The training materials are helpful   |    |     |          | 100% |
| The training was clear & easy to follow  |    |     |          | 100% |
| The training was interactive & interesting   |    |     |          | 100% |
| ARISE SENIOR TRAINER   | SD | D   | A        | SA   |
| The trainer demonstrated the skills I need to teach the ARISE Life - Management Skills Program       |    |     |          | 100% |
| The trainer encouraged discussion by using relevant examples & conducting interactive exercises      |    |     |          | 100% |
| The trainer provided positive feedback consistently  |    |     |          | 100% |

**ARISE** Foundation  
 824 US Highway 1, Suite 240  
 North Palm Beach, FL 33408  
 Toll-free: 1-888-680-6100  
[at-riskyouth.org](http://at-riskyouth.org)

SD - Strongly Disagree  
 D - Disagree  
 A - Agree  
 SA - Strongly Agree



## ARISE Life - Management Skills 2 Day Pre/Post - Survey

HOPEFINDERS, INC. 9/30/10-10/1/10

Participants: 6

| Area of Competency  | PRE SURVEY |     |     |   |     |     |     |     |     |     | POST SURVEY |   |   |   |   |   |     |     |     |     |
|---|------------|-----|-----|---|-----|-----|-----|-----|-----|-----|-------------|---|---|---|---|---|-----|-----|-----|-----|
|   | 1          | 2   | 3   | 4 | 5   | 6   | 7   | 8   | 9   | 10  | 1           | 2 | 3 | 4 | 5 | 6 | 7   | 8   | 9   | 10  |
| 1. Plan a group life-skills training session                      | 17%        |     |     |   | 33% |     |     | 17% | 17% | 17% |             |   |   |   |   |   | 17% |     |     | 83% |
| 2. Prepare a lesson plan  | 17%        |     |     |   | 17% | 33% |     | 17% | 17% |     |             |   |   |   |   |   | 17% |     | 17% | 67% |
| 3. Present a topic to a group of 10 or more.                      |            |     |     |   | 20% |     | 20% | 20% | 20% | 20% |             |   |   |   |   |   | 17% |     |     | 83% |
| 4. Establish guidelines & expectations with group members         |            |     |     |   | 20% |     |     | 60% | 20% |     |             |   |   |   |   |   | 33% |     | 17% | 50% |
| 5. Maintain a positive learning environment                       |            |     |     |   | 17% |     |     | 17% | 33% | 33% |             |   |   |   |   |   | 17% |     |     | 83% |
| 6. Ask questions to effectively guide a group discussion          |            |     |     |   | 17% |     | 17% |     | 50% | 17% |             |   |   |   |   |   | 17% |     |     | 83% |
| 7. Use active listening skills in a group discussion              |            |     |     |   | 20% |     |     |     | 40% | 40% |             |   |   |   |   |   | 17% |     | 17% | 67% |
| 8. Use body language to establish & maintain rapport with a group |            |     |     |   | 20% |     |     |     | 60% | 20% |             |   |   |   |   |   | 17% | 17% |     | 67% |
| 9. Create an activity to reinforce learning                       |            | 17% |     |   | 17% |     |     | 17% | 50% |     |             |   |   |   |   |   | 17% |     | 17% | 67% |
| 10. Give clear instructions for a learning activity               |            |     | 20% |   | 20% |     |     | 20% | 40% |     |             |   |   |   |   |   |     | 17% |     | 83% |
| 11. Conclude a lesson to reinforce learning                       |            |     | 20% |   | 20% |     |     | 20% | 40% |     |             |   |   |   |   |   | 17% |     | 17% | 67% |
| 12. Manage difficult or uncooperative behaviors in the group      |            |     |     |   | 20% |     |     | 40% | 40% |     |             |   |   |   |   |   | 17% |     | 33% | 50% |

**ARISE** Foundation  
 824 US Highway 1, Suite 240  
 North Palm Beach, FL 33408  
 Toll-free: 1-888-680-6100  
 at-riskyouth.org

SD - Strongly Disagree  
 D - Disagree  
 A - Agree  
 SA - Strongly Agree

