

## ARISE Drop It At The Door – Day 1 & 2 Evaluation Survey

*Palm Beach County Department of Juvenile Justice/Probation*

*Participants:15*

*10/6-7/10*

	No	Yes	Exceeded	
Were training expectations met?		40%	60%	
<b>TRAINING</b>	<b>SD</b>	<b>D</b>	<b>A</b>	<b>SA</b>
I am better able to "drop it at the door" after this training.			47%	53%
I understand that I have a choice in how I react to anger & stress.			20%	80%
I can see myself using the information I've learned here at work.			33%	67%
I can see myself using the information I've learned here at home.		7%	27%	67%
This training will help me improve my personal relationships.			47%	53%
This training provided usable tools to help me handle anger.			40%	60%
<b>ARISE SENIOR TRAINER</b>	<b>SD</b>	<b>D</b>	<b>A</b>	<b>SA</b>
The trainer encouraged discussion by using relevant examples, asking questions & conducting interactive exercises.			20%	80%
The trainer was knowledgeable in the subject matter of the training.			20%	80%
The pace of the training was comfortable.		7%	33%	60%
The trainer was available during breaks & at the end of the day.			27%	73%

**ARISE** Foundation  
 824 US Highway 1, Suite 240  
 North Palm Beach, FL 33408  
 Toll-free: 1-888-680-6100  
 at-riskyouth.org

SD - Strongly Disagree  
 D - Disagree  
 A - Agree  
 SA - Strongly Agree



## ARISE Drop It At The Door – Day 1 & 2 Pre / Post -Survey

<i>Palm Beach County Department of Juvenile Justice/Probation</i>	<i>Participants:15</i>				<i>10/6-7/10</i>			
<i>Ratings: Answer the following questions using a scale of 1 to 4, where (4) is Strongly Agree, (3) is Agree, (2) is Disagree and (1) is Strongly Disagree.</i>	Strongly Disagree	Disagree	Agree	Strongly Agree	Strongly Disagree	Disagree	Agree	Strongly Agree
The youth I work with will never change.	73%	27%			47%	47%	7%	
Thoughts can affect co-workers, family and friends.		13%	60%	27%			60%	40%
Tragic or difficult childhood experiences will result in someone living an angry life.		33%	60%	7%		33%	60%	7%
I can identify the things that trigger my reactions and create feelings of stress.		7%	53%	40%			33%	67%
I can identify the things that trigger my anger.			40%	60%			47%	53%
There's always a feeling that comes before I get angry.			60%	40%		7%	47%	47%
My attitude can affect my home and work life.		7%	33%	60%			27%	73%
I feel that I have an impact on youth (caseload).		7%	47%	47%			27%	73%
I would like to improve my communication skills.			67%	33%		7%	60%	33%
I am aware of how my body language affects communication.			53%	47%		7%	27%	67%
I know how to use body language to influence others around me.		7%	60%	33%		7%	47%	47%
I feel that I can de-escalate situations verbally.			47%	53%			47%	53%
I can choose the way I respond to difficult situations.			53%	47%			47%	53%
I can control most things in my life, including my relationships and career.		7%	47%	47%		7%	47%	47%
Learning new skills is essential to doing my job well.			20%	80%			27%	73%

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